

If your efforts to lose weight thus far have been thwarted, there could be a simple, physiological reason: low levels of serotonin.

There is significant evidence to suggest that people who suffer from even a slight imbalance in bodily serotonin levels may experience negative mood states, poor quality sleep, stronger-than-normal appetite, and increased food cravings.

PureBalance™ Serotonin Complex contains 5-HTP, the raw material the body uses to make serotonin, which may boost levels of this key neurotransmitter.* The actions of serotonin are reinforced with ingredients for:

- **Weight control.** Relora may alleviate stress and stress-related eating by regulating cortisol — a stress hormone that can cause weight gain.*
- **Stress management.** Rhodiola rosea helps the body adapt to stress, while L-Theanine increases the generation of relaxing alpha brain waves.*
- **Mood support.** Insufficient Vitamin D may negatively affect mood, while *Rhodiola rosea* has been used for centuries to promote a positive outlook.*
- **Sleep support.** L-Theanine encourages the transition from the beta brain waves of mental arousal to the theta brain waves of first sleep.*

RELORA

Relora® is a registered trademark of Next Pharmaceuticals.

Quality of Life®: Sourced from Nature. Proven by Science.™

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



WEIGHT LOSS + MOOD SUPPORT

PureBalance™ Serotonin

with 5-HTP, Relora®,
L-Theanine & Rhodiola

Supports Healthy Weight Loss,*
Balanced Mood* and Restful Sleep*
Helps Relieve Stress*

Dietary Supplement • 90 Capsules

QUALITY OF LIFE LABS

SUGGESTED USE: Take 1 capsule three times daily before meals.

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

Amount Per Serving	% Daily Value**	
Vitamin D3 (as cholecalciferol)	800IU	200%
5-HTP (L-5-hydroxy-tryptophan) (<i>Griffonia simplicifolia</i>) (seed)	100mg	†
L-Theanine	200mg	†
Relora® proprietary blend of standardized extracts of <i>Magnolia officinalis</i> (bark) and <i>Phellodendron amurense</i> (bark)	750mg	†
Rhodiola rosea extract (root) [Standardized for 5% Rosavins (18mg)]	360mg	†

† Daily Value not established.

** Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: vegetable cellulose, rice flour, modified food starch, corn starch, vegetable magnesium stearate (from plant oil) and silica (natural mineral).

WARNING: DO NOT USE IF SEAL IS BROKEN OR MISSING. Keep out of reach of children. Store at room temperature. Consult your health-care professional before use if you are pregnant or lactating, have or had a medical condition, or are taking prescription drugs.*

Manufactured for:



Purchase, NY 10577
914.251.0981



Exp.

Lot No.